

Basketball Drills Challenge



Compete for the top spot in each of
the following basketball drills:

Bench Press
Court Sprints
Line Drill
Shuttle Runs

Vertical Jump
3 Point Shots
Foul Shots
2 Ball Dribble



**This is an ongoing competition.
Open to all eligible patrons.
Reservation is required.**



DEPARTMENT OF THE AIR FORCE



FITNESS & SPORTS

Fitness Center
Bldg. 1548
781-225-6630
www.hanscomfss.com